

MIL MONEY COACH

IS YOUR DISABILITY INSURANCE SKYROCKETING?

Listen to The Pilot Money Guys Podcast "## TITLE" and use the worksheet on the next 2 pages to prepare a plan for your future. A recap of the options we presented during the podcast are below.



Option 1

Learn to live on the mandatory disability insurance you'll receive (e.g., \$13k/mo)

Option 2

Create an Emergency Fund, buying time to:

- Get your medical license back
- Determine next steps
- Implement backup plan

Option 3

Find disability insurance from an alternative source



Become financially independent

Option 5

Combination of 2 or more of options 1-4







MIL MONEY COACH

PLAN YOUR FUTURE NOW (STEPS 1-2)

Follow the steps below to create a plan for your future. The example below walks through the steps. Note: After Step 1, skip any steps that don't apply to you.

1

Decide which option you want to pursue (see first page)

Example

Save EF, cut back some, define a backup career option

2

Calculate your Emergency Fund (EF) goal

- Establish your budget baseline (simple = current income)
- Decide whether or not you will cut expenses if you lose your medical license
- Calculate the gap in potential income with the loss of your license (Gap = monthly spending voluntary insurance payment)
- Decide how many months of an emergency fund is right for you
- Calculate your EF goal = Gap X (# months)

Income = \$25k/mo

Cut back 8% of spending: \$23k/mo

Gap = \$23k-13k = \$10k/mo

6 months EF

EF goal = \$10k x 6 mo = \$60k

Finally, store your plan somewhere safe!



MIL MONEY COACH

PLAN YOUR FUTURE NOW (STEPS 3-5)

Complete steps 3-4 below if there's still a significant gap between your income and expenses in the case of a loss of your medical license. If you don't have an income gap, fantastic! Move on to Step 5!

3

ID bigger lifestyle changes to lower expenses

- Would you consider relocating to lower your cost of living? Where?
- Could you sell a big ticket item?

Example

If needed:

- Downsize home
- Sell the plane

4

Identify alternative career options

- Brainstorm ideas for you and your spouse
- Research your top 2-3 ideas
- You may find that another career meets or exceeds your financial needs

5

Finalize your plan, add a timeline & implement!

- Set up auto transfers (EF, savings/retirement, prep for next career/training)
- Start cutting costs now
- Start planning/training for the new career

Future career:

- Start training
- Transfer \$500/mo (Goal=\$5000 startup costs)

EF: \$2000/mo auto transfer

Cut back lifestyle expenses
1% per quarter